

## TRB1 - COUNTERBALANCE FORKLIFT TRUCK OPERATOR B1 - UPTO 5 TONNES - 5 DAYS

### COURSE AIM

The aim of this course is to provide delegates with the knowledge and understanding of the role and responsibilities of a forklift truck operator. Following successful completion of the course, the delegate will be able to carry out routine maintenance and be able to lift and transfer loads in a safe and controlled manner.

Although a basic course, the content is quite substantial and covers the following areas: -

- Current Legislation
- Load Centres
- Controlling Load Movement
- Safe Loading
- Safe Unloading
- Stability
- Stacking Loads
- Pre-use Inspection

Each course delegate will be expected to complete a written and practical examination which will include loading/unloading a trailer, stacking loads and negotiating an obstacle course. If successful, a certificate will be issued. This will help the Employer to address certain legal requirements by being able to demonstrate employee competency. A detailed course handout is also provided for future reference.

### DURATION

The standard course is intended to last for 5 days but for an experienced Forklift Truck Operator who holds a valid or recently expired certificate, a 3 day refresher can be attended. Bespoke courses can also be discussed upon application.

### LOCATION

The course is generally held at our Head Office at Harworth, however we are also able to utilise other Certex locations, or hold courses at Client premises if adequate facilities are available.

### WHAT DELEGATES WILL NEED TO BRING

Each delegate is required to produce photographic ID on the first day of the course. Failure to do so will result in the delegate being unable to attend.

If this course is held at a Certex UK location, safety footwear is required however, if the course is to be held on a Client's site, additional PPE may be also be required as specified by the Client's site safety rules.

### FURTHER COURSES & INFORMATION

Certex UK offers a range of standard training courses as detailed on our web site and bespoke training courses can be tailored to suit your specific needs. Many of our standard courses are LEEA certified. For further information or to discuss your requirements in more detail, please contact our Training Team on +44 (0) 1302 756777.