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# Harness & Lanyard Inspection

The aim of this course is to provide delegates with the knowledge, understand and practical ability to conduct Safety Harness and Lanyard Inspections. Following successful completion of the course, the delegate will have enough knowledge and understanding to be able to conduct Pre-Use Inspections of their PPE.

[Download the PDF here](#)

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## COURSE CONTENTS

The content covers the following areas:

- Current Legislation & Regulations
- Working at Height
- Equipment Selection
- Pre-Use & Post Inspection of Equipment
- Attaching Lanyards & Harnesses
- Harness Fitting
- Associated Medical Problems
- Rescue Plans

Book now on [01302-756-777](tel:01302-756-777) or email [training@certex.co.uk](mailto:training@certex.co.uk)

If successful, a certificate will be issued. This will help the Employer to address certain legal requirements by being able to demonstrate employee competency. A course handout is also provided for future reference.

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