

Lifting KnowHow

Lifting Know How's aim is to increase safety & reduce the number of accidents that occur during lifting. For many years we have delivered innovative solutions to our customers' lifting problems, and thus increasing our experience & expertise.

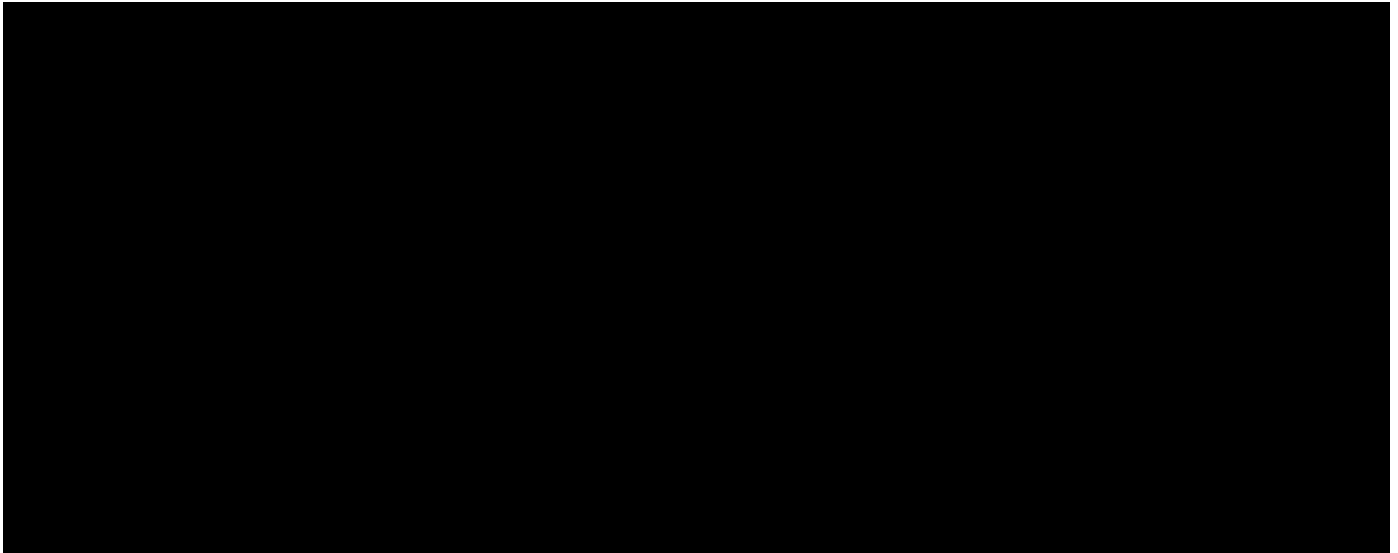
We are proud to develop our employees to achieve the highest possible standards.

Whether you require some advice on product selection or to solve a lifting task, we are happy to help over the phone or in person. We have a variety of accredited training courses you can take part in too.

You can also download our Lifting Know how app which offers:

- Load Charts: *Quick check of WLL (working load limits) etc.*
- Safe Use: *Advice on safe operation, set up, inspection & maintenance.*
- Protractor: *For checking angles.*
- Sling Calculator.

Please see our videos below for lifting tips and advice.



The Lifting Knowhow S01 E01 Introduction

The Lifting Knowhow S01 E02 Rejection criteria on round slings

The Lifting Knowhow S01 E03 Correct use of Eye bolts

The Lifting Knowhow S01 E04 Shortening wire rope

The Lifting Knowhow S01 E05 Wire Rope Coiling

The Lifting Knowhow S01 E06 Wire Rope Fittings Mechanically Spliced

The Lifting Knowhow S01 E07 Wire Rope Fittings Wire Rope Grips

The Lifting Knowhow S01 E08 Wire Rope Fittings Wedge Socket

The Lifting Knowhow S01 E09 Grade 80 vs grade 100

The Lifting Knowhow S01 E10 Shackles

We also have a set of video guides for working safely at height.

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