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# **Lifting KnowHow**



Lifting Know How's aim is to increase safety & reduce the number of accidents that occur during lifting. For many years we have delivered innovative solutions to our customers' lifting problems, and thus increasing our experience & expertise.

We are proud to develop our employees to achieve the highest possible standards.

Whether you require some advice on product selection or to solve a lifting task, we are happy to help over the phone or in person. We have a variety of accredited training courses you can take part in too.

The Lifting Knowhow S01 E01 Introduction

The Lifting Knowhow S01 E02 Rejection criteria on round slings

The Lifting Knowhow S01 E03 Correct use of Eye bolts

The Lifting Knowhow S01 E04 Shortening wirerope

The Lifting Knowhow S01 E05 Wire Rope Coiling

The Lifting Knowhow S01 E06 Wire Rope Fittings Mechanically Spliced

The Lifting Knowhow S01 E07 Wire Rope Fittings Wire Rope Grips

The Lifting Knowhow S01 E08 Wire Rope Fittings Wedge Socket

The Lifting Knowhow S01 E09 Grade 80 vs grade 100

The Lifting Knowhow S01 E10 Shackles



This set of videos show you the essential products you can use to work safely at height dependant upon the application of your work. Different harnesses and lanyard combinations allow work which can either restrict you from an area or risk or manage that risk depend on your work. e.g. if you have to work suspended at height we have comfortable harnesses which allow for working using essentials such has leg supports and additional hooks for essential tools to perform your work correctly. This videos will show some of the basics safe working techniques, contact us to speak to our expert manufacturers such as Powertex or Skylotec.

# POWERTEX Scaffold Kit Facility Cut

Scaffold Kit (Facility Cut Video) - Designed for workers working on Scaffolding at any height of risk of a fall injury.

## POWERTEX Mewp Kit Lite Facility Cut

 ${\sf Mewp-Kit\ Lite\ (Facility\ Cut\ Video)\ For\ workers\ on\ Mobile\ Elevated\ Work\ Platforms\ working\ at\ height.}$ 

# POWERTEX Mewp Kit Driver Facility Cut

Mewp - Kit Driver (Facility Cut Video) For workers on Mobile Elevated Work Platform who also drive regularly between working at height.

# POWERTEX Worker Kit Facility Cut

Worker Kit (Facility Cut Video) For general working at height.

## POWERTEX Flat Roofers Kit Facility Cut

Flat Roofers Kit (Facility Cut Video) For workers working on flat roofs where a risk of a fall may injure.

## POWERTEX Verticle Roofers Kit Facility Cut

 $Verticle\ Roofers\ Kit\ (Facility\ Cut\ Video)\ Designed\ for\ workers\ who\ work\ on\ roofs\ which\ may\ be\ veritcle\ or\ a\ high\ gradient.$ 

# POWERTEX Riggers Kit Facility Cut

Riggers Kit (Facility Cut Video) For Riggers who will work suspended at height.











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